

PATIENT HEALTH HISTORY

Your name _____ Today's date _____

Your regular dentist is _____ Your physician is _____

Ever been a patient here before? YES NO Your current age _____

(Check all that apply)

Have you ever had an adverse reaction to:

- Local Anesthetics/Novocain Codeine Antibiotic _____
 Other _____ Aspirin/Advil Latex

Do you take:

Blood thinners (e.g Coumadin, Plavix, etc.) *if yes, date and score of most recent INR* _____

Any other medications, vitamins or supplements, if so, please list:

Name of medication

What condition you take it for

(List any additional meds you take on separate sheet)

What is your level of anxiety/stress/fear when going to the dentist? None Mild Mod Severe

Other Medical conditions *(Check all that apply)*

- Asthma *if yes, where do you keep your inhaler?* _____
- | | | | |
|--|--|--|--|
| <input type="checkbox"/> Bleeding problems | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Prosthetic heart valve | <input type="checkbox"/> Artificial joint |
| <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Thyroid Disease |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Chemo/radiation | <input type="checkbox"/> Sleep apnea | <input type="checkbox"/> Steroid Use |
| <input type="checkbox"/> Kidney Problems | <input type="checkbox"/> Psychiatric therapy | <input type="checkbox"/> Change in health in last year | <input type="checkbox"/> Any Addiction |
| <input type="checkbox"/> Breathing/COPD | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Vertigo | <input type="checkbox"/> Cold Sores/fever blisters |

Gum disease has been linked with an increased risk for many chronic diseases. Eliminating gum disease is especially important to the oral *and* overall health of the following patients:

Tobacco user

Tobacco users are more likely to develop gum disease which is more severe and more difficult to eradicate. Gum disease itself has recently been linked with an increased risk for heart disease. Since tobacco users are already at an increased risk for heart disease (and since gum disease only worsens that risk) it is vitally important for tobacco users to do whatever is necessary to eliminate gum disease.

- Current Tobacco user → What form (cig, pipe, chew, etc). _____
How much/day _____ For how long _____
- Previous Tobacco user → When did you quit _____

Diabetes

Diabetes is a well- known risk factor for gum disease. Research is confirming that when left untreated gum disease makes it harder for you to control your blood sugar. Elimination of gum disease can improve your blood sugar control reducing your risk for the serious complications.

How is your diabetes control? Good Fair Poor
Date of last A1c _____ What score? _____
Who is your diabetes Doctor _____

<input type="checkbox"/> Family history of gum disease	<p>Some people are genetically prone to developing gum disease even if they take decent care of their mouths.</p> <p>Do you have any family history of gum disease? <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Don't know</p>										
<input type="checkbox"/> Stress	<p>Stress is a well- known risk factor for gum disease. Is your stress level too high? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Life altering events (loss of job, divorce, death in family, moving to new location, etc.) can be particularly strong factors for gum disease. Are you currently going through and life altering events? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>										
<input type="checkbox"/> Rheumatoid Arthritis	<p>There is a bi-directional connection between rheumatoid arthritis. If you have arthritis you are at an increased risk for gum disease. Emerging research suggests that eliminating any gum disease and then keeping it at bay can lessen the crippling effects of arthritis.</p> <p>Have you ever been diagnosed with Rheumatoid Arthritis? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>										
<input type="checkbox"/> Overweight	<p>Being overweight is now recognized as a strong risk factor for gum disease. Obesity and gum disease are both risk factors for heart disease and diabetes. Thus, if you are over your ideal weight it is vitally important for you to eliminate any gum inflammation to lower your risks for more serious health problems.</p> <p>We can calculate your weight status by using Body Mass Index (BMI)</p> <p>List your current weight_____</p> <p>List your current height_____</p> <table border="1" data-bbox="1073 936 1485 1115"> <tr> <td colspan="2">$BMI = (703 \times weight) / (height)^2$</td> </tr> <tr> <td>18.4 or below</td> <td>Underweight</td> </tr> <tr> <td>18.5 to 24.9</td> <td>Healthy weight</td> </tr> <tr> <td>25.0 to 29.9</td> <td>Overweight</td> </tr> <tr> <td>≥ 30.0</td> <td>Obese</td> </tr> </table>	$BMI = (703 \times weight) / (height)^2$		18.4 or below	Underweight	18.5 to 24.9	Healthy weight	25.0 to 29.9	Overweight	≥ 30.0	Obese
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All patients please complete the following (check all that apply)

- Heart disease/risk factors for heart disease (family history of heart disease, ↑ cholesterol, ↑ blood pressure)
- Spouse with gum disease (Gum disease may be transmissible, family members should be screened for gum disease)
- Taking Dilantin, Ca+ Channel Blockers, or Immunosuppressants for organ transplantation
- Previous bouts of gum disease Family history of Alzheimer's disease
- History of gastric ulcers Respiratory disease
- Kidney Disease Family history of colon cancer

<p>FEMALES Are you: <input type="checkbox"/> Pregnant <input type="checkbox"/> Nursing <input type="checkbox"/> Taking birth control pills</p> <p><input type="checkbox"/> Ever diagnosed with breast cancer? <input type="checkbox"/> Family history of breast cancer? <input type="checkbox"/> Post-menopausal?</p> <p>Do you have osteoporosis? <input type="checkbox"/> Yes <input type="checkbox"/> No → Have you ever been tested for osteoporosis? <input type="checkbox"/> Yes <input type="checkbox"/> No</p> <p>Ever taken <i>Fosamax, Fosamax Plus D, Actonel, Boniva, Didronel, Skelid, Aredia, Bonafors, or Zometa</i> for osteoporosis or for any other reason? <input type="checkbox"/> Yes <input type="checkbox"/> No</p>
